UNIVERSITY OF MARY HARDIN-BAYLOR
BACHELOR OF SCIENCE
EXERCISE PHYSIOLOGY

STUDENT NAME _____ ID # _____

EMAIL _____ PHONE # _____

	124 MINIMUM HOURS
	36 UPPER LEVEL HOURS
	31 HOURS AT UMHB

ENGLISH - 12 HOURS			
ENGL 1321^	Comp I		
ENGL 1322^	Comp II		
ENGL	Literature		
ENGL	Literature		

^Must earn a "C" or higher in ENGL 1321 & 1322

LABORATORY SCIENCE 12 HOURS TWO DIFFERENT DISCIPLINES			
BIOL 2340/2140 A&P I w/lab*			
BIOL 2341/2141 A&P II w/lab*			

**Requires a grade of C or higher for major*

QUANTITATIVE REASONING - 3 HOURS		
MATH 1304	Quant Reasoning or higher	

SCI INQUIRY OR NATURAL SCI - 3 HOURS			

FINE ARTS - 3 HOURS			

FRESHMAN SEMINAR - 1 HOUR			
UMHB 1101			

CHAPEL - 1 TO 4 CREDITS			
UMHB 1002			
UMHB 1002			
UMHB 1002			
UMHB 1002			

CHRISTIAN STUDIES - 6 HOURS			
CSBS 1311	Engaging the Old Testament		
CSBS 1312	Engaging the New Testament		

SOCIAL SCIENCE - 6 HOURS TWO DIFFERENT DISCIPLINES OUTSIDE OF THE MAJOR			

WORLD IDEAS OR PHILOSOPHY OR NON-US HISTORY - 3 HOURS			

GLOBAL ISSUES OR SOCIAL SCIENCE - 3 HOURS			

PUBLIC SPEAKING 3 HOURS			
COMM 1320	Public Speaking		

ACTIVITY PE - 2 COURSES		
Fulfilled by Major	-	-
Fulfilled by Major	-	-

Date of Entry _____

Expected Graduation Date _____

PREVIOUS COLLEGES / UNIVERSITIES ATTENDED:

(1) _____

(2) _____

(3) _____

MAJOR 12 HOURS (*6 UPPER LEVEL*) AT UMHB 12 HOURS MINIMUM UPPER LEVEL EXERCISE PHYSIOLOGY 39 HOURS			
EXSS 2340	Intro to EXSS		
EXSS 2352	Personal Fitness&Wellness		
EXSS 3107	Adv Cardio Training		
EXSS 3135	Adv Resistance Training		
EXSS 3141	EXSS Practicum		
EXSS 3354	Performance Nutrition		
EXSS 3379	EXSS Psychology		
EXSS 3390	Anatomical Kinesiology		
EXSS 3395	Physiology of Exercise		
EXSS 3396	Physiology of Exercise II		
EXSS 4344	Admin of EXSS		
EXSS 4350	Principles & Techniques		
EXSS 4392	Tests & Measurements		
EXSS 4394	Exercise Testing& Prescrip		
EXSS 4398	Internship in EXSS		

Grades of "C" or better required in all courses in the Exercise Science major.

FINE ARTS EXPERIENCE 2 TO 8 CREDITS			
UMHB 1005			
UMHB 1005			
UMHB 1005			
UMHB 1005			
UMHB 1005			
UMHB 1005			
UMHB 1005			
UMHB 1005			

ELECTIVES - AS NEEDED TO COMPLETE 124 HRS *Upper Level Courses Recommended*			